



We help those who spend their lives helping you

The men and women of our emergency and military services see tragic events every day. They witness human suffering up close and it sometimes becomes very difficult to cope with the aftermath.

Smells, sounds and reliving witnessed events create lasting painful memories that haunt these men and women for life. It is their legacy for helping others in times of human suffering.

The Tema Conter Memorial Trust was established to end the silence and ease the suffering.

Through research, education, training, and through the provision of peer and psychological support, we aim to help these men and women when they need it most.

Help us, help them.



Our History

The charity was founded by Mr. Vince Savoia, an attending paramedic at the murder scene of Ms. Tema Conter in 1988. As a result of this experience, Mr. Savoia suffered with the effects of Post Traumatic Stress for many years before it was properly diagnosed and treated.

The trusts' purpose is two-fold:

- To honour the memory of Ms. Tema Conter.
- To call attention to the psychological trauma encountered by Canada's emergency services and military personnel.